**Please answer all questions. Do not put your name! For questions using a scale,**

**1 = “Strongly Agree” 2 = “Agree” 3 = “Slightly Agree” 4 = “Neither Agree nor Disagree”**

**5 = “Slightly Disagree” 6 = “Disagree” 7 = “Strongly Disagree”**

1. Which ethnicity do you identify with? (Circle as many as apply to you)

White African-American Hispanic/Latino

Asian/Pacific Islander American Indian Other

1. What is your gender? (Circle One)

Male Female

1. What is your age?(Write in) \_\_\_\_\_\_\_
2. Have you ever been diagnosed with any type of mental problem? (Circle one)

Yes

No

1. Have your parents or any of your close friends ever been diagnosed with a mental problem? Yes

No

1. You find out that one of your parents started seeing a therapist for some mental health issues, you find this distressing.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree

1. Seeing a therapist is only for people with serious mental problems.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree

1. I would be afraid to start prescription medication for a mental health problem.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree

1. When I get stressed out, I find it helps to talk it out with someone.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree

1. My parents would not want me to take prescription drugs for a mental health problem.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree

1. After people with mental illness are treated, they are still more dangerous than normal people.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree

1. A friend of yours started seeing a psychotherapist for some mental health problems they are facing; you are comfortable with this situation.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree

1. It is better to keep my problems to myself than suffer the embarrassment of seeking outside help.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree

1. Prescription medication is only for people who cannot control their emotions.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree

1. Even after a person with mental illness is treated, I would still to be afraid around them.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree

1. Prescription drugs are the easiest way to get through a stressful time.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree

1. A friend starts talking to you about the medication they were prescribed for some mental health problems, this makes you feel uncomfortable.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree

1. People who see a psychiatrist are crazy.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree

1. It is okay to talk about taking medication prescribed for mental health problems with friends.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree

1. One of your parents starts taking prescribed medication for a diagnosed mental health problem; you are at ease with this situation.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree

1. People with mental illness have unpredictable behavior.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree

1. I am afraid of what my parents would think if I started seeing a therapist.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree

1. It would be alright to bring up that I am seeing a therapist to my friends.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree

1. I would rather just deal with my problems by myself than see a psychotherapist.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree

1. I would be ashamed of taking prescription medication for my mental health problems.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree

1. If I was seeing a counselor I would be afraid of what my friends would say.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree

1. I think it is a sign of weakness to take prescription drugs for a mental health problem.

Strongly Agree: \_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_:\_\_\_\_\_\_: Strongly Disagree